

# ROOM SERVICE

REGENCY SALGADOS  
HOTEL & SPA

## PEQUENO ALMOÇO BREAKFAST

**PEQUENO ALMOÇO CONTINENTAL** 13,5€

CONTINENTAL BREAKFAST

**Pães, pastelaria, compotas, manteiga, mel, fruta laminada, queijo e fiambre, sumo de laranja, iogurte natural ou de aroma, ovo cozido, café ou descafeinado ou chá ou chocolate quente** Breads, pastry, jams, butters, honey, sliced fruit, cheese&ham, orange juice, natural and flavored yogurts, boiled egg, coffee/decaffeinated/tea/hot chocolate

**PEQUENO ALMOÇO AMERICANO** 16,5€

AMERICAN BREAKFAST

**Pães, pastelaria, compotas, manteiga, mel, fruta laminada, queijo e fiambre, sumo de laranja, iogurte natural ou de aroma, ovo mexido, bacon, salsicha, café ou chá ou chocolate quente** Breads, pastry, jams, butters, honey, sliced fruit, cheese&ham, orange juice, natural and flavored yogurt, scrambled eggs, bacon, sausage, coffee/tea/hot chocolate

**PEQUENO ALMOÇO SAUDÁVEL** 13,5€

HEALTHY BREAKFAST

**Pães, compotas, manteiga, mel, fruta laminada, queijo fresco, fiambre de peru, iogurte natural, muesli, sumo de laranja, café ou chá ou chocolate quente** Breads, jams, butter, honey, sliced fruit, fresh cheese, turkey ham, natural yogurt, muesli, orange juice, coffee/tea/hot chocolate

## SNACKS

**TÁBUA DE QUEIJOS E ENCHIDOS NACIONAIS** 9€  
BOARD OF NATIONAL CHEESE AND COLD MEATS

**NACHOS (JALAPEÑOS E GUACAMOLE)** 6€  
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**BATATA FRITA COM BOLONHESA E QUEIJO** 8€  
**CHEDDAR** FRENCH FRIES LOADERS WITH BOLOGNESE AND CHEDDAR

## SANDWICHES

**CLUB SANDWICH (PEITO DE FRANGO, MAIONESE, ALFACE, TOMATE, QUEIJO, BACON, OVO ESTRELADO)** 12€  
CLUB SANDWICH (CHICKEN BREAST, MAYONNAISE, LETTUCE, TOMATO, CHEESE, BACON, FRIED EGGS)

### WRAPS:

**SALMÃO FUMADO** 14,5€  
SMOKED SALMON  
(Salmão fumado, endro, mostarda clássica + queijo creme, pickles de pepino doce)  
(Smoked salmon, dill, mustard + cream cheese, sweet cucumber pickles)

**SEITAN** 13,5€  
(Seitan, misto de legumes grelhados, pesto, mozzarella fresca)  
(Seitan, grilled vegetables, pesto, fresh mozzarella)

**PREGO EM BOLO DO CACO** 14,5€  
BEEF STEACK IN MADEIRA TRADICIONAL BREAD

## ENTRADAS STARTERS

**CAESAR**  
Clássica | Clássica Classic 13€  
Frango | Frango Chicken 15€  
Camarão | Camarão Shrimp 17€

**CREME EXÓTICO** 3,5€  
**DE ABÓBORA ASSADA**  
ROASTED PUMPKIN EXOTIC CREAM SOUP

**CAMARÃO AO ALHO** 16€  
"A LA GUILLO" STYLE SHRIMP

## PRINCIPAIS MAIN COURSE

**PIZZA MARGARITA** 10€  
2 toppings 12,5€  
3 toppings 14€  
Topping extra 2€

**FILETE DE ROBALO** 15€  
SEA BASS FILET  
**Cevada e batata violeta**  
Barley, purple potato

**BIFE À PORTUGUESA** 21€  
PORTUGUESE STEAK  
**Batata às rodelas, presunto, legumes baby** Sautéed potatoes, smoked ham, baby vegetables

## MASSAS E RISOTTO PASTA AND RISOTTO

**PENNE VEGETARIANA** 9€  
VEGETARIAN PENNE

**ESPARGUETE BOLONHESA** 10€  
BOLOGNESE SPAGUETTI

**RISOTTO DE COGUMELOS** 15€  
**E ESPARGOS** ASPARGOS AND MUSHROOMS RISOTTO

## DOCES SWEETS

**CREPES** 7€  
CREPES

**SALADA DE FRUTA** 4€  
FRUIT SALAD

**DOCE DO DIA** 4€  
CAKE OF THE DAY

TAXA DE SERVIÇO  
ROOM SERVICE CHARGE

5€